



# A VOICE OF CURIOSITY



*Ben Wong*

## **How would you describe yourself in 3 words?**

Curious, Compassionate, Critical

Our team at CASA agrees! We would also add that Ben is incredibly thoughtful, thorough and a lifelong learner!

## **Why did you choose to get involved with CASA?**

CASA stood out to me as a uniquely enriching volunteer opportunity that would leverage my interviewing, active listening, and written advocacy skills. I also wanted to do my small part in helping mitigate the effects of childhood trauma, which is an underappreciated public health issue of staggering proportion.

## **What is your best moment, to date, with CASA?**

Seeing the child in my case still be able to find joy in many things despite the disruptions in their life.

## **What advice would you give a new CASA?**

There is a difference between feeling your emotions and reacting to them unconsciously. Honor the complicated feelings of your case, but don't let them distort your judgment or prevent you from being an objective, strategic advocate for your child.

## **Who inspires you?**

Ai-jen Poo is a labor organizer and fierce advocate for the rights of domestic workers, many of whom are immigrants, women, and people of color whose essential work often goes unrecognized and unrewarded. She has spent the better half of her life building a movement to make our economic system more just and home care more sustainable.

## **What is your favorite way to spend your time (outside of CASA, that is!)?**

I love dancing, spending quality time with friends and family, and going on long walks while listening to a podcast, audio book, or some good tunes.